

Summer Sailing Snippets

Avalon Yacht Club - Youth & Sailing 2014

Getting Our "Second Wind" in the Third Week!

Upcoming Youth Activities

- **Past Commodores' Regatta**
Sat., July 12th
10:00 AM
- **Mini Golf**
Tues., July 15th
4:00-6:00 PM
- **Twilight Sail/Poker Regatta**
Fri., July 18th
5:30 PM
- **Family Day**
Sat., July 19th
10:00 AM

Arts & Crafts: This week we created torn paper sunsets, surfboard paintings, and snorkel portraits. We also swam off the dock and beach almost every day.
– Leigh Ann & Laura

Intro: We continued to improve our sailing skills by performing tipping drills and getting more comfortable on the water. Though sailors are always with an instructor while sailing, they are increasingly becoming independent on the water.
– Sarah & Danny

Level I Opti: We furthered our sailing abilities by practicing tacking, beaching, and sailing upwind. We played "follow the leader" and learned to push ourselves off of the beach.
– Andrew & Steph

Level II Opti: We practiced our tacking and jibing skills by performing figure-8 drills this week. As a result of our hard work, everyone in the class has successfully solo-sailed!

Even though the weather wasn't great on Thursday, we still practiced on-land solo-sailing drills.
– Lauryn & Mark

Level III Opti: We worked on our starts for races and did so well that we decided to reward ourselves by going out to breakfast at Sunset Pier. We were all set to compete at OCYC on Thursday, but unfortunately that got rained out.
– Greg & Moira

Level IV Opti: We had fun practicing beaching, docking, and enhancing our racing starts for future regattas! We played games to practice right-of-way rules and also reviewed other racing rules.
– Meghan & Grace

Level V Opti: We learned about using telltales while sailing and even performed a drill known as "bodie starts". We pushed our racing skills to the next level in this week's heavy wind and improved our confidence by sailing in such high winds!
– Callie & Allison

Intermediate Sunfish: We practiced tacking and also worked on solo-sailing. We had a lot of fun exploring one of the sandbars and having team paddle-boat races on a light wind day. We ended the week with an intense game of four-square due to the stormy conditions.
– Ally & Quinn

Advanced Sunfish: We continued to perfect our solo-sailing and even held a couple of races. We competed in relay races that helped sailors learn how to rig and de-rig a boat, push off from the beach, and return to the beach correctly.
– Jayme & Jon

Advanced Laser & 420: Every week we try to add a new dimension to our sailors' set of skills. This week, we focused on flying the spinnaker and using the trapeze in 420s. Meanwhile, Laser sailors began working on their roll-tacks. We had some wonderful races on Monday and celebrated by going to breakfast on Tuesday.
– Ryan, Jake, & Sam

Kevin's Korner

"It takes a village" is an adage often attributed to raising a child; however, it can also apply to running a successful youth sailing program. Last week, we had an army of volunteers on hand to ensure that our South Jersey Summer Series regatta was a success (with more than 140 registered sailors!). Every Saturday, the Race Committee patrols the water to make sure that we have fun and safe Summer Series regattas. Every Tuesday, the Youth Activities committee provides our youth with creative social events, where friendships are born and strengthened. Every Thursday, a caravan of Racing Team parents transports our sailors to regattas all over South Jersey. And that's just the tip of the iceberg – thanks so much to all of our volunteers!
– Kevin Strogen, Director of Youth and Sailing

Race Results

Congratulations to all AYC Junior Sailors who sailed in our own South Jersey Summer Series Regatta on Thursday, July 3rd. Over 140 sailors registered from clubs all over South Jersey. The day started out with a very heavy breeze. This caused a change in plans for the 420, Laser, and Sunfish fleets, which were supposed to sail on the Great Sound but were moved to a course in front of the club. The Optimist fleet sailed in Stites Sound as planned. The breeze settled down in the early afternoon and all fleets were able to complete 5 races. The following AYC sailors had an especially strong day and finished on the podium in their respective fleets:

- Sam Mandell - 3rd place Laser Radial fleet
- Liz Cirii - 4th place Optimist Red fleet
- Mary Jane Tague - 5th place Optimist Red fleet
- Jake Bennett - 3rd place Optimist Blue fleet and 4th place Optimist overall
- Jackson Eshelman - 1st place Optimist White fleet



Grace's Races

Helpful hints from racing coach Grace Bluefeld

When analyzing your telltales, it is best to get both sides streaming, but more important to have the outside telltale flying.



Announcements

- Be sure to label your name on everything that your sailor brings with them every day (lifejackets, towels, shoes, etc.)
- Our Lost & Found is growing, so if you've lost something please check in the wire baskets to the right of the refrigerators in the Youth Room
- Follow us on Twitter @AYCsailing 