

Summer Sailing Snippets

Avalon Yacht Club - Youth & Sailing 2014

Weak Winds Plague the Third Week!

Upcoming Youth Activities

- **Car Wash**
Fri., Aug. 8th
10 AM - 12 PM
- **Commodore's Regatta**
Sat., Aug. 9th
10 AM
- **Junior Commodore's Ball**
Mon., Aug. 11th
6-10 PM
- **South Jersey Summer Series Awards Ceremony at YCSH**
Tues., Aug. 12th
7-10 PM
- **Family Night**
Fri., Aug. 15th
4 PM

Arts & Crafts: This week we used clay to make a crab-covered beach, as well as "foil art". We swam off the beach using the kickboards, which we had a great time with. We're looking forward to our last week together!
– Leigh Ann & Laura

Intro: Since there was little wind at the beginning of the week, we performed many on-land drills to perfect our skippering skills. We got out on the water on Thursday and practiced coming about. We've shown great improvement over the past three weeks!
– Sarah & Danny

Level I Opti: The penultimate week of the 2014 sailing season couldn't have gone better for our class. We have begun transitioning to solo-sailing, improved on our tacking abilities, and even spent some time playing on the sandbar.
– Andrew & Steph

Level II Opti: We focused mainly on introducing the racing rules to our sailors this week. We further

advanced our skills by learning about different types of race courses, and then applied these skills by having several competitive races on the water.
– Lauryn & Mark

Level III Opti: We had a fun-filled and instructive week. One new concept that we learned was "team racing", which is a great way for sailors to practice their racing skills and to test their knowledge of racing rules.
– Greg & Moira

Level IV Opti: We worked hard preparing for our final SJSS regatta of the season. We learned how to adjust our sailing techniques for different winds as we sailed around Cedar Island. We also practiced rigging larger boats, like 420s and the Javelin. We are looking forward to a great final week!
– Meghan & Grace

Level V Opti: We practiced light wind sailing when we sailed around Cedar Island earlier in the week. We also learned how to rig and

sail the Javelin, along with working on racing techniques.
– Callie & Allison

Intermediate Sunfish: This week, our class focused on solo-sailing. We learned how to find puffs of wind on the water in low wind situations. Furthermore, we learned to control our boats in high wind situations and worked on single-handedly righting a capsized boat.
– Ally & Quinn

Advanced Sunfish: We "team raced" within our class, which adds a new spin on an activity that our class is already familiar with. We also learned a variety of knots to use on sailboats and had a great time at the sandbar.
– Jayme & Jon

Advanced Laser & 420: We had a great third week of the second sailing session! We had very light winds this week and were thus able to work on our light wind sailing techniques, as well as play some fun games with our class.
– Ryan, Jake, & Sam

Kevin's Korner

Though the summer is almost over, two of my favorite events still lie ahead of us: the Junior Commodore's Ball (the "JCB", as the kids call it) and Family Night. The JCB is *the* social event of the summer for children of all ages, where they can enjoy a memorable semi-formal dinner and spend the night cutting a rug with their friends. Family Night is the culmination of the sailing season, where you can watch your sailors display their sailing skills in the afternoon, and then return to the club for dinner and awards. Both events are steeped in tradition and should not be missed!

– Kevin Strogon, Director of Youth and Sailing

Race Results

Congratulations to all AYC sailors who sailed in the final South Jersey Summer Series regatta held at the Cooper River Yacht Club on August 7th. The following sailors had an especially good day:

- Farrah Sheffer - 2nd place Opti Green fleet
- Will Bennett - 5th place Opti Green fleet
- Jackson Eshelman - 3rd place Opti White fleet
- Jake Bennett - 3rd place Opti Blue fleet & 4th place Opti overall
- Sean Groskoph - 4th place Opti Blue fleet
- Madison Mundenar - 2nd place Opti Red fleet & 5th place Opti overall
- Liz Cirii - 4th place Opti Red fleet
- Meg Cirii - 5th place Opti Red fleet
- Sam Mandell - 2nd place Laser Radial fleet
- Kate Bennett & Angela Kenney - 4th place Club 420 fleet



Grace's Races

Helpful hints from racing coach Grace Bluefeld

When rounding the leeward mark, round "wide to tight". This strategy will prevent outside or behind boats from sneaking in between you and the mark as you head back upwind, thus ensuring you remain ahead of them in the race.

Announcements

- Be sure to label your name on everything that your sailor brings with them every day (especially the dolly for their boat)
- Make sure to check the Lost & Found in the Youth Room this week for anything that you might have lost this summer
- Follow us on Twitter @AYCsailing 