

Summer Sailing Snippets

Avalon Yacht Club - Youth & Sailing 2014

Strong Winds in the Second Week!

Upcoming Youth Activities

□ **Pirate Regatta**
Sat., Aug. 2nd
10:00 AM

□ **MAYRA Championships at YCSH (420, Sunfish, Laser, and Laser Radial fleets)**
Sat., Aug. 2nd
9:30 AM

□ **Car Wash**
Fri., Aug. 8th
10:00 AM

Arts & Crafts: This week we made parrots, a beach scene, and pirates in anticipation of the Pirate Regatta. Also, our students are becoming increasingly comfortable swimming in the water, which is one of our goals.
– Leigh Ann & Laura

Intro: We took turns skippering and learned how to recover a capsized boat, an important skill for new sailors. The sailors also enjoyed swimming and bonding with their classmates!
– Sarah and Danny

Level I Opti: Full of drills, games, and fun on the sandbar, the second week was even more successful than the first! We played “follow-the-leader”, sponge-tag, sailed to the 30th Street Bridge to practice tacking, and began solo-sailing for the first time!
– Andrew & Steph

Level II Opti: We worked on refining our solo-sailing skills this week, and especially focused on practicing racing starts. By the end of the week, we

mastered this skill. We even spent time racing with the Level III Opti class.
– Lauryn & Mark

Level III Opti: This week the wind was fast, especially at the regatta in Stone Harbor. Our sailors had a lot of fun and learned a lot of skills for their future ventures in sailing and racing.
– Greg & Moira

Level IV Opti: We worked hard to improve our upwind sailing and to control many of our moves for racing. We had fun on Wednesday sailing to YCSH and having a pizza party! We’re looking forward to our last regatta next Thursday!
– Meghan & Grace

Level V Opti: We worked on heading upwind while sailing around Cedar Island. On Wednesday, we sailed to the Yacht Club of Stone Harbor in preparation for the regatta on Thursday, and while we were there we had a blast when we got pizza at Mack’s!
– Callie & Allison

Intermediate Sunfish: This week was full of fun, learning, and competition. We perfected our tacking skills and also played games such as sponge-tag and did tipping drills. To end the week, we went out to breakfast and played at the sandbar.
– Ally & Quinn

Advanced Sunfish: We broadened our sailing experiences with fun drills and new boats. We played a “box drill” where each sailor had to perform maneuvers, like rounding a buoy and doing a “western roll”. We also tried out Lasers and 420s, which some of our sailors may be sailing next year.
– Jayme & Jon

Advanced Laser & 420: We started off the week with some fun days: extreme high wind sailing on Monday and relaxing in the bay at the Follman’s house on Tuesday. On Wednesday, we got back into the racing spirit just in time to take on the competition at the regatta in Stone Harbor.
– Ryan, Jake, & Sam

Kevin’s Korner

We have some great sailing events this weekend for both parents and their children. On Saturday, we have one of our most popular regattas of the season: the Pirate Regatta, an event that combines a standard sailing race with some fun-filled games on the sandbar. Why are the games so fun? They just arrrrrrrrrrrr!

For adults looking to develop their sea-legs, we have the Adult Sailing clinic on Sunday. This is a great way for landlubbers to learn the basics of sailing from our skillful staff in a small group setting. Contact [Linda Tozour](#) for more details.

– Kevin Strogon, Director of Youth and Sailing

Race Results

Congratulations to the following AYC Junior Sailors who sailed in the South Jersey Summer Series regatta held at the Yacht Club of Stone Harbor on Thursday, July 31st:

- Gabe Paier - 1st place Optimist Green fleet
- Harrison Beach - 3rd place Optimist Green fleet
- Farrah Sheffer - 4th place Optimist Green fleet
- Penn Paier - 5th place Optimist Green fleet
- Jackson Eshelman - 3rd place Optimist White fleet
- Jake Bennett - 2nd place Optimist Blue fleet & 5th place Optimist overall
- Madison Mundenar - 3rd place Optimist Red fleet & 3rd place Optimist overall
- Liz Cirii - 5th place Optimist Red fleet
- Sam Mandell - 5th place Laser Radial fleet



Grace's Races

Helpful hints from racing coach Grace Bluefeld

Being flexible in a regatta is important. As the day goes by, the race course, wind, tide, and many other things can change. Don't get stuck in one strategy – be flexible!



Announcements

- Be sure to label your name on everything that your sailor brings with them every day (lifejackets, towels, shoes, etc.)
- Our Lost & Found is growing, so if you've lost something please check in the Youth Room (to the right of the refrigerators)
- Follow us on Twitter @AYCsailing 