

Summer Sailing Snippets

Avalon Yacht Club - Youth & Sailing 2014

The Second Session Starts Up!

Upcoming Youth Activities

- **Teen/Tween Miss Avalon Cruise (for rising 5th graders and up)**
Wed., July 30th
6:30-8:30 PM
- **Play with Friends at the Playground (for 4th graders and under)**
Wed., July 30th
6:30-7:30 PM
- **Pirate Regatta**
Sat., Aug. 2nd
10:00 AM
- **MAYRA Championships at YCSH**
Sat., Aug. 2nd
9:30 AM
- **Car Wash**
Fri., Aug. 8th
10 AM - 12 PM

Arts & Crafts: This week we made rainbow fish beach scenes and colorful parrots! We also had a great time swimming off the beach and dock.
– Leigh Ann & Laura

Intro: We began this session by learning the boat parts, rigging a boat, and playing sailing games. Many sailors are already forming great friendships.
– Sarah and Danny

Level I Opti: We have some returning sailors and a slew of new sailors this session. Sailors have become masters at rigging, beaching, and tacking upwind. We sailed to the 30th Street Bridge and had an impromptu beach party on “Killer Bird Island”, and visited Sunset Pier for breakfast.
– Andrew & Steph

Level II Opti: We started off this session reviewing our jibing, tacking, and rigging skills. The sailors from the first session continued to gain confidence solo-sailing, while the new sailors practiced solo-sailing for

the first time! We gained experience sailing in heavy wind and even had the opportunity to explore “Killer Bird Island”.
– Lauryn & Mark

Level III Opti: We started off the second session with a whirlwind of success out on the water with a majority of sailors going to the regatta in Brigantine and dominating the green fleet. We are looking forward to a successful and fun-filled second session.
– Greg & Moira

Level IV Opti: We had a great first week of the second session! We reviewed many of our skills, such as racing, racing starts, and upwind sailing! We had a great day at the Brigantine regatta and are looking forward to improving even more in the upcoming regattas!
– Meghan & Grace

Level V Opti: We continued to work on our racing techniques in preparation for the Thursday regattas. We also learned how to rig and sail

Lasers and 420s, which are boats that our sailors will be sailing when they get older!
– Callie & Allison

Intermediate Sunfish: We had a wonderful start to the second session! We refreshed our skippering and crewing skills, worked on understanding wind direction, and perfecting our tacking. To finish the week, we sailed to the sandbar and then ventured around a small island.
– Ally & Quinn

Advanced Sunfish: We got to know each other better this week by playing games and learning about one another. We also practiced solo-sailing, tipping drills, and tacking, and went on an adventure to the Great Sound.
– Jayme & Jon

Advanced Laser & 420: We had a great start to the second session! We did a bunch of free-sailing and individual practice in the morning followed by practice starts and races in the afternoon! We then competed at Brigantine Yacht Club this Thursday.
– Ryan, Jake, & Sam

Kevin's Korner

Several instructors commented to me about how they had some really great days of instruction with their sailors this week. Whether it was getting everyone in their class solo-sailing, learning a new skill, or practicing a drill, there have already been a lot of progress this session – and it's only the first week! I'm hopeful that this trend will continue over the next three weeks, and by the end of the summer we'll have a program full of strong sailors and stronger friendships.

– Kevin Stroger, Director of Youth and Sailing

Race Results

Congratulations to the following AYC Junior Sailors who competed at the Brigantine Yacht Club's South Jersey Summer Series Regatta on Thursday, July 24th:

Sam Mandell	-	4 th place Laser Radial fleet
Kate Bennett & Angela Kenney	-	5 th place Club 420 fleet
Madison Mundenar	-	4 th place Optimist Red fleet
Sean Groskoph	-	5 th place Optimist Blue fleet
Jackson Eshelman	-	3 rd place Optimist White fleet
Sam Eshelman	-	5 th place Optimist White fleet
Gabe Paier	-	1 st place Optimist Green fleet
Harrison Beach	-	3 rd place Optimist Green fleet

Adult Sailing Lessons

AYC adult members are invited to sign-up for Adult Sailing Lessons on Sunday, August 3rd (11 AM – 1 PM). The goals of this clinic are to teach some basic sailing skills and provide an opportunity for inexperienced and experienced adults to get out on the water. For more information contact Linda Tozour at 609-827-6101 or lindatozour@comcast.net.



Grace's Races

Helpful hints from racing coach Grace Bluefeld

In short sailing races, like the ones we do on Thursdays and Saturdays, the courses are short enough that 90% of the race is in the start, so push the line and make sure you have clear air!

Announcements

- Do you drink Arizona, Tradewinds, or Arnold Palmer Iced Tea in gallon containers? If so, please rinse, dry, and send the container (with the lid on) to the Youth Room. These containers make perfect bailers. Thank you!
- Be sure to label your name on everything that your sailor brings with them every day (lifejackets, towels, shoes, etc.)
- Our Lost & Found is growing, so if you've lost something please check in the Youth Room (to the right of the refrigerators)
- Follow us on Twitter @AYCsailing 