

Summer Sailing Snippets

Avalon Yacht Club - Youth & Sailing 2014

The First Session is a Breeze!

Upcoming Youth Activities

- **Independence Day Regatta**
Sat., July 5th
10 AM
- **Deck Party**
Tues., July 8th
7-10 PM
- **Past Commodores' Regatta**
Sat., July 12th
10 AM
- **Mini Golf**
Tues., July 15th
4-6 PM
- **Family Day**
Sat., July 19th
10 AM

Arts & Crafts: During the last two weeks, we've created Japanese fish kites, stained glass fish, watercolor sailboat reflections, ice cream cone collages, and used clay to create 3D sea turtles.

We've enjoyed using the kickboards and getting acclimated to swimming in the bay.

– Leigh Ann & Laura

Intro: We've learned a lot about the basics of sailing and were able to get out on the water almost every day. We've also had a great time getting to know everyone in the class!

– Sarah and Danny

Level I Opti: After mastering boat parts and rigging last week, we learned how to tack, jibe, and hold a point of sail this week. We also enjoyed a very fun trip to the sandbar.

– Andrew & Steph

Level II Opti: We practiced skippering skills by tacking on the whistle and practiced beaching, tying knots, and learning about wind direction. We also spent a day sailing

with the Advanced Sunfish class to become more comfortable with heavy wind sailing.

– Lauryn & Mark

Level III Opti: We've advanced faster than expected so far! Sailors have handled the boats exceptionally well in heavy winds and have even begun racing.

– Greg & Moira

Level IV Opti: Despite the heavy wind, we were OPTImistic about our weekly races and worked on improving our racing techniques. We practiced racing starts, making quick tacks, and spent time learning about racing strategy.

– Meghan & Grace

Level V Opti: We practiced racing starts, jibing, and roll-tacking. Although the weather made sailing more challenging, we toughed it out and stayed focused on improving our racing skills.

– Callie & Allison

Intermediate Sunfish: We've worked on perfecting our tacking

skills. Furthermore, we sailed to the Avalon Boulevard bridge, performed tipping drills, and practiced racing starts. We finished the week with breakfast at Sunset Pier.

– Ally & Quinn

Advanced Sunfish: We reviewed our skills, as well as learned some new tricks. We sailed to the Avalon Boulevard bridge and performed tipping drills. Though we've started to focus on racing, we spent much of our time reviewing the basic skills and have had a lot of fun on the water. We're looking forward to the regatta this Thursday and competing against sailors from other clubs.

– Jayme & Jon

Advanced Laser & 420: For many of our sailors, it was their first time sailing in a Laser or 420, but they have adjusted rather quickly. It was no surprise that our sailors did remarkably well in the Greater Wildwood Yacht Club regatta last week and are excited to represent the AYC this week on our "home turf".

– Ryan, Jake, & Sam

Kevin's Korner

This has been a very busy two weeks for all of us: several of our sailors, a few instructors, and even I had to juggle the beginning of the sailing season with the ending of the school year. Now that summer has officially started, we're going to hit the ground running by hosting our South Jersey Summer Series regatta tomorrow. It is almost guaranteed to be a success, with dozens of volunteers helping out and over one hundred sailors competing; the only thing we can't rely on is the weather – let's hope for a dry day!

– Kevin Strogen, Director of Youth and Sailing

Race Results

Congratulations to the following AYC sailors who placed at this season's first South Jersey Summer Series Regatta in Wildwood on Thursday, June 26th:

Kate Bennett and Angela Kenney – 5th place in the 420 fleet

Madison Mundenar – 2nd place Optimist Red fleet and 2nd place Optimist overall

Meg Cirii – 5th place Optimist Red fleet

Jackson Eshelman – 2nd place Optimist White fleet

Gabe Paier – 3rd place Optimist Green fleet

The AYC is also very proud of Sam Mandell, Grace Hogan, and Blake Eshelman, who represented the AYC and MAYRA on June 29th at the US Sailing Area C eliminations for the Sears (triple handed) Championship. They competed in J-22s at the Corinthian Yacht Club of Philadelphia. The AYC team finished in 3rd place, behind teams from Annapolis, MD and Shrewsbury, NJ.



Grace's Races

Helpful hints from racing coach Grace Bluefeld

When finishing a race, treat it like a windward mark rounding (if finishing upwind) or a leeward mark rounding (if finishing downwind). Don't cross in the middle of the line; finish at whichever end of the line is favored!

Announcements

- Because of your generous contributions, the 2nd annual AYC Olivia Constants Foundation Pizza & Ice Cream Regatta raised \$350 for the Olivia Constants Foundation! The donations will help the foundation with their scholarship & grant awards, as well as continuing their volunteer efforts.
- Follow us on Twitter @AYCsailing 