

Summer Sailing Snippets

Avalon Yacht Club - Youth & Sailing 2014

The First Session Comes to an End!

Upcoming Youth Activities

- **Twilight Sail/Poker Regatta**
Fri., July 18th
5:30 PM
- **Family Day**
Sat., July 19th
10:00 AM
- **Bingo Night**
Tues., July 22nd
7:00 PM

Arts & Crafts: This week we made rainbow fish, aquariums, sailboat collages, and picture frames! Even though the water was chilly, almost everyone made it in the water and had a blast.
– Leigh Ann & Laura

Intro: We reinforced our sailing skills and practiced our skippering. We also enjoyed puzzles on a rainy day and had a pizza party to cap off the first session.
– Sarah and Danny

Level I Opti: We improved our tacking skills and learned more about the “points of sail”. We are very grateful for the Millers for hosting us this Thursday for a fun-filled day of pizza and swimming to celebrate Maddie’s birthday.
– Andrew & Steph

Level II Opti: We started off the week practicing solo-sailing one by one; by the end of the week our whole class was solo-sailing! We enjoyed the World Cup games on Wednesday and celebrated the end of the session by

sailing to Sunset Pier for breakfast on Thursday.
– Lauryn & Mark

Level III Opti: Since many of our sailors have begun competing in the Thursday interclub regattas, we have focused our energy on improving racing technique. Specifically, we have spent much of our time on perfecting our starts and rounding buoys.
– Greg & Moira

Level IV Opti: We learned how to properly use telltales to improve our upwind sailing. We had an awesome time at the Cape May regatta and are looking forward to finishing the rest of the season strongly!
– Meghan & Grace

Level V Opti: We learned how to head upwind by using our telltales, different positions to sit in the boat while racing, and how to control our jibes. This will be very helpful for the future regattas! We also had some fun sailing to breakfast at Sunset Pier.
– Callie & Allison

Intermediate Sunfish: We practiced solo-sailing, tacking, and competing on a race course. On Wednesday, we were split up into different teams and competed in the “World Cup”. We also had a chalk-talk about racing and finished the week by swimming at the sandbar.
– Ally & Quinn

Advanced Sunfish: We improved our sailing ability with fun games and drills that helped reinforce fundamental skills. We also learned to rig the Javelin sailboat and got a taste of sailing a larger sailboat.
– Jayme & Jon

Advanced Laser & 420: We spent most of the week trying to perfect flying the spinnaker during heavy wind in 420s. Laser sailors continued to work on tacking as seamlessly as possible. Though most sailors are new to these boats, we have seen tremendous improvement this session.
– Ryan, Jake, & Sam

Kevin’s Korner

It always makes me a little depressed to announce that the summer is halfway over. While this may be a “bummer of the summer”, it is also cause for celebration: your children have improved their sailing skills immensely over the past 4 weeks, and have had a lot of fun doing it! Come sail with them tonight at the Twilight Regatta, which is a great way to enjoy a sunset on the water with your kids, and applaud their achievements tomorrow at Family Day.

– Kevin Stroger, Director of Youth and Sailing

Race Results

Congratulations to the following AYC Junior Sailors who competed at the Corinthian Yacht Club of Cape May's South Jersey Summer Series Regatta on Thursday, July 17th:

- Sam Mandell - 5th place Laser Radial fleet
- Madison Mundenar - 1st place Optimist Red fleet and 1st place Overall (with five 1st place races out of 43 boats!)
- Jake Bennett - 5th place Optimist Blue fleet
- Jackson Eshelman - 3rd place Optimist White fleet

Congratulations to the following sailors who competed in the Past Commodore's Regatta (part of the AYC Summer Series) on Saturday, July 12th:

- 420
1. Kate Bennett & Angela Kenney
 2. Joseph Loeper & Jack Juska
 3. Ally Markussen & Kate Markussen

- Opti Gold
1. Sophie Sheffer
 2. Jackson Eshelman
 3. Connor Schiela

- Laser
1. Blake Eshelman
 2. Jake McBride
 3. Mary Jane Tague

- Opti Silver
1. Gabe Paier
 2. Farrah Sheffer
 3. Grace Finley & Eve Finley

- Sunfish
1. Kieran Hogan
 2. Grace McBride
 3. Penn Paier



Grace's Races

Helpful hints from racing coach Grace Bluefeld

When sailing in light air, don't forget to ease your sail controls (outhaul and cunningham) and make sure you don't over-trim! It's very important to change your strategy based on light or heavy wind situations.

Announcements

- Congratulations to "Gerence" (Germany + France) for winning the "World Cup" games on Wednesday
- Be sure to label your name on everything that your sailor brings with them every day (lifejackets, towels, shoes, etc.)
- Our *Lost & Found* is growing, so if you've lost something please check in the Youth Room (to the right of the refrigerators)
- Follow us on Twitter @AYCsailing 